



FALL 2023

CBN C.A.R.E

Official Newsletter of the ASMBS CBN Certification Committee

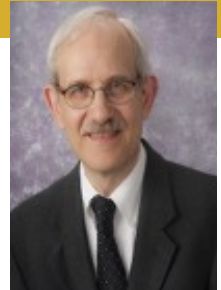
Letter From The Chairs

Dear CBN's,

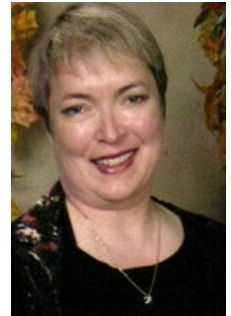
As we move to fall, the CBN Certification Committee, which is composed of CBNs just like you, continues to work hard to make the CBN the best it can be. There are several very exciting projects being worked on by the Committee, some aspects of nursing of which you might not have been aware, and special recognition that we would like to call out.

1. First, we would like to recognize Linda Neumann-Potash, MN, RN, CBN from the Nebraska Medical Center in Omaha who was selected as the recipient for the 2023 Distinguished CBN Award (page 2).
2. Second, we have an CBN Spotlight interview with Edita Kantzler (page 5).
3. We would like to provide you an update on our current progress in working toward accreditation for the CBN Certification as we have re-consulted the SeaCrest Company.
4. There are several events/opportunities we would like to call attention: The CBN Weekend, the National Walk from Obesity Day, The Igniting Change in Care for People with Obesity: Let's Connect and Learn conference; the Online CBN Preparation Course has been updated available after 10-15-2023, the CBN Facebook Page, and the Retired CBN Status.
5. Shirley Bearden provided a fascinating article on "The Nurse Honor Guard", a long-time nursing tradition (page 4).
6. We provide an invitation to help with the planning of the 2024 "Masters in Metabolic and Bariatric Nursing" Course at the Annual ASMBS Conference by completing a brief survey for topic selection: <https://www.surveymonkey.com/r/CYPHLX9>

Lastly, we would like to recognize and thank those that volunteered as CBN examination item writers this summer for we had an extremely successful item review session, and the CBN Class of January 2023 for taking the leap to become a CBN. A heartfelt gratitude goes to Nikki Fields, the CBN Manager for the last 2 years, who has worked vigorously and delightfully behind the scenes to keep the CBN Certification Program in continuous motion. She will be taking a new position in an equestrian organization working with her passion, horses.



William Gourash, PhD CRNP RN, CBN



Jessie Moore, FNP-BC, MSN, CBN

Important Dates:

October 5-7, 2023

ASMBS Weekend
New Orleans, Louisiana

December 11, 2023

CBN Early Registration
Deadline

**January 15- February 26,
2024**

CBN Exam Window

March 13, 2024

Certified Nurses' Day

The Distinguished CBN Award

The Certified Bariatric Nurse Committee and The ASMBS believe Certified Bariatric Nurses deserve recognition for all they do every day for patients, families, the community, and our profession.

The purpose of the Distinguished CBN Award is to recognize a CBN who has made an extraordinary effort to promote the values of the CBN: Compassion, Advocacy, Research and Education.

Nominated by one of her national Nurse Colleagues, this year's awardee is Linda Neumann-Potash!

Originally, a pediatric nurse and national level advocate for those affected by Ehlers-Danlos at the National Foundation where she served as Executive Director from 1996 – 2003. She then came to bariatric surgery, and received her CBN in 2007 apart of the first group to sit for the examination.

She works at the Nebraska Medical Center in Omaha NE where her position includes: the Bariatric Surgery inpatient Case Management Nurse, the MBSCR & MBS Coordinator, and the Hospital bariatric surgery staff educator.

She serves on numerous hospital committees. She participants in Community outreach to rural hospitals in Nebraska and Western Iowa on BS relate issues. She also served as a member of the CBN PA subcommittee.

She was a key nurse leader for such MBSAQIP research endeavors as the DROP, BSTOP, and ENERGY. She has given > 25 presentations locally at the Nebraska Medical Center and nationally as several American College of Surgery Quality and Safety Conferences on MB Surgery related topics such as obesity sensitivity, PO care of the BS patient, Quality improvement efforts, and long-term bariatric patient follow-up.

She is published on the topic of predictors of QOL after bariatric surgery. Her prime vision is that her role is to be an advocate for BS patient safety in all aspects of bariatric surgical care with a keen attention to detail.
Congrats to Linda!



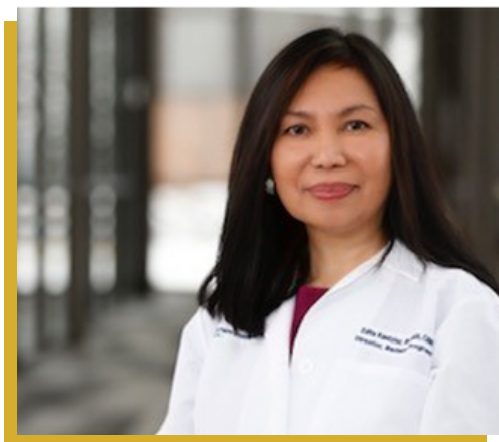
Advocacy
Research



Education
Compassion

[CBN Facebook](#)



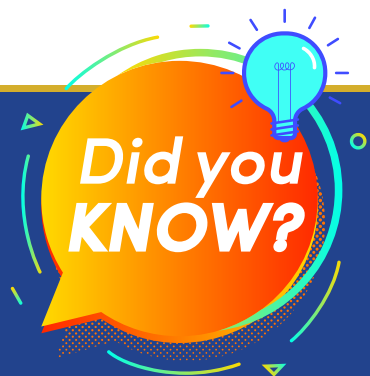


For each newsletter, the marketing committee will spotlight a CBN. This newsletter spotlight goes to EDITA KANTZLER!

Edita began her nursing career in med-surg, later moving to critical care, and then nurse management. She and one of the founding physicians of ASMBS led her Virginia hospital through initial bariatric accreditation with the SRC in 2005, and later adopting to MBSAQIP. She currently functions in her hospital as bariatric director, coordinator, and MBSCR! Edita is certified in bariatrics, and has her masters in health administration.

Edita prides herself in elevating the care for bariatric surgery patients. She completed Six Sigma Green belt training, and focuses diligently on quality and performance improvement. She is also involved in national and community outreach to reduce barriers for patients in access to obesity care. Edita and her husband of 20+ years reside in the rural county of Amelia, VA. They love to travel, especially to the beach and with their granddaughters travel softball team. Although nursing has been her passion for 30+ years, her favorite role is softball Lola (means grandmother in Filipino language).

**Nominate a fellow CBN for the CBN spotlight to be highlighted in the Spring 2024 Newsletter!
Send your nomination to CBN@ASMBS.ORG



You still have the opportunity to purchase a CBN bag

Send us an email to get yours today!

cbn@asmbs.org



Interested in Becoming a CBN?

Important Testing Dates

- Registration Window Opens: October 16, 2023
- CBN Exam Registration Deadline: January 8, 2024
- CBN Exam Window: January 15-February 26, 2024

Please check the CBN Exam Section of the ASMBS

Website: <https://asmbs.org/professional-education/cbn>

Find us on 

Please like and share the CBN Facebook page!
We post updates on CBN testing information, CBN committee needs, plus more!

Featured Article

NURSE HONOR GUARD by Shirley Bearden RN, CBN

The Nurses National Honor Guard Coalition has local branches of the Nurses Honor Guard located throughout the country. The Nurses Honor Guard is a nonprofit organization, and their mission is to honor their nursing colleagues passing with a celebration of their life and legacy in a tribute service. The members also demonstrate additional service through their community outreach.

The vision of the Nurses Honor Guard is to offer a tribute to the families of current, inactive, and retired nurses upon their passing at no cost. The hope is that the tribute services will provide a small amount of healing to their family and loved ones. The community and volunteer services are meant to inform of the presence and purpose of the organization.

Services may be held at varying sites such as: Funeral Home, church, cemetery, private home or other venue. Our Nurses Honor Guard has been requested to stand in honor at a Paramedics Funeral and a CNA's Funeral – not to present but in honor of their service to the medical profession.

Chapters are all over the US, including Arkansas, Louisiana, Long Island, North Carolina, New York, New Mexico, Mississippi, and many more states! The nurses who participate in the ceremony honoring the deceased wear the traditional white nurse uniform, the nurse cape, and white nurse hat.

For more information, visit the National Nurses Honor Guard Coalition Facebook page (www.facebook.com/nationalnursehonorguard) or contact their founder, Julia Godby Murray, at jmury581@gmail.com or 517-285-0295.

If you are looking for the chapter near you- Most chapters can easily be found on Facebook and have a chapter chair.



Important Information & Updates



National Walk From Obesity Day November 4, 2023

The TREO Foundation has announced the annual Virtual Walk from Obesity to be held on November 4th, 2023. This event is FREE for everyone and can be any favorite fitness activity you prefer! To participate, registrants will take a photo or video of themselves doing their chosen fitness activity and share it on social media with the hashtag #NationalWFODay. Your team, be it healthcare professionals, community advocates, or family members will be joining with others across the nation to increase awareness and support critical initiatives in obesity treatment and prevention.

To register just go to www.walkfromobesity.com and select National Walk from Obesity Day. You could also challenge your team to make it a fundraising event, or you can decide to donate to TREO to continue to fund their efforts in Treatment, Research and Education to End Obesity. Those choices are available on the webpage.

CBN Accreditation Update

The CBN Continues to actively work toward accreditation by either Accreditation Board for Specialty Nursing Certification (ABSNC) or the National Commission for Certifying Agencies (NCCA).

We have re-consulted the SeaCrest Company (an agency that helps nursing and other certifications through the accreditation process). The various subcommittees on the CBN Committee continue to develop needed policies, processes, and structure changes that were recommended the September 2019 evaluation by the SeaCrest Company. We will keep you updated on our progress toward accreditation. Additionally, we continue to lobby for recognition by the Magnet Recognition Program for nursing certifications that are actively working toward accreditation.

Welcome Class of January 2023 Our Newest Certified Bariatric Nurses!

Ballard. D.	Ciornei. I	Gancarz. B.	Luu. Y	Ortiz. N	Sotelo. L
Bell. M	Delaney. E	Grider. S.	McDade. S	Paschal. M	Soudaly. A
Blackmon. J	Drager. L	Hakanson. K	Miller. C.	Phillips. V	Tellier. M
Boles. V	Dussex. C	Halsell. S	Miller. L	Potter. S	Upton. S
Bullock. D	El Haoud. M	Hancock. K	Morrell C.	Regmi. S	Waymire. C
Ceaichisciuc. S	Erichetti. D	Krupka. A	Newsom. C	Rude. E	White. A

Articles of Interest

- Armstrong, K. (2023). Wielding the Tools to Combat Obesity. *Bariatric Times*, 2023 Mar; 20 (3-4): 20-21. <https://bariatrictimes.com/tools-to-combat-obesity/>
- The Effects of a Web-Based Interactive Nurse Support Program Based on the Health Promotion Model on Healthy Living Behaviors and Self-Efficacy in Patients Who Regained Weight after Bariatric Surgery: A Randomized Controlled Trial. Yıldız E, Karagözoğlu Ş. *Obes Surg*. 2023 Oct;33(10):3212-3222. doi: 10.1007/s11695-023-06795-w. Epub 2023 Aug 24. PMID: 37620740 Clinical Trial.

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Mary Ellen Sparks

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William Gourash (leader)

Tracy Martinez

Bobbie Lou Price □

Jessie Moore

OTHER DISCIPLINE CREDENTIALING

William Gourash

Jessie Moore

INTERNATIONAL

(new)

* Members of the Leadership Council

The CBN Newsletter was developed by the CBN Committee and produced by the CBN Manager, CBN Newsletter Coordinator and the ASMBS Media Designer